



Class Catalog

2021-2022

Nassau BOCES *Center for Professional Development*
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Welcome to *parent*EDU



Introduction

Nassau BOCES ***parent*EDU** offers a variety of classes designed to provide parents & caregivers an opportunity to learn strategies to help their children achieve success in school.

These virtual classes will be interactive and taught live by Nassau BOCES Curriculum Specialists and professional consultants. All classes will include time for the instructor to respond to questions from the participants. Additional topics will be added to the class catalog based on parent input and interest.

Recordings of all 2020-2021 sessions are available for unlimited access to be viewed at your convenience on the ***parent*EDU** web page. This catalog includes ***NEW OFFERINGS*** for the 2021-2022 school year.

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Math

****NEW** LIVE SESSIONS**

Addressing Math Learning Gaps (K-2)

What can parents do to help their children when they are struggling with learning gaps in mathematics? During this class, parents will gain an array of at home strategies for supporting their children as they develop their math skills to increase their confidence, deepen understanding, and support a growing independence in mathematics. Learn about simple ways to make improving fact fluency fun through digital tools and songs. Explore three simple questions to support problem solving. Consider ways to integrate vocabulary so that students can become more comfortable with using these terms successfully. Gain insight into how to develop a strong home school partnership. Gather ideas to build a repertoire of tips and tricks to make improving math skills fun!

November 16, 2021 @ 7:00pm-8:30pm

[Register Here](#)

Addressing Math Learning Gaps (3-5)

What can parents do to help their children when they are struggling with learning gaps in mathematics? During this class, parents will gain an array of at home strategies for supporting their children as they develop their math skills to increase their confidence, deepen understanding, and support a growing independence in mathematics. Learn about simple ways to make improving fact fluency fun through digital tools and songs. Explore three simple questions to support problem solving. Consider ways to integrate vocabulary so that students can become more comfortable with using these terms successfully. Gain insight into how to develop a strong home school partnership. Gather ideas to build a repertoire of tips and tricks to make improving math skills fun!

November 4, 2021 @ 7:00pm-8:30pm

[Register Here](#)

Addressing Math Learning Gaps (6-8)

This class will review the sequencing of math topics in grades 6-8 and provide insight into prior knowledge that is required for the different topics, as well as how to build a strong foundation to fill in gaps from previous years. Parents will be provided with a variety of strategies to help their children improve their understanding of mathematics including a review of key concepts and topics, topic sequence, and strategies for helping to support students as they fill in learning gaps.

December 16, 2021 @ 7:00pm-8:30pm

[Register Here](#)

Algebra I Regents- Resources and What Students Need to Know to Pass

This class will focus on the main topics included on the Algebra Regents, as well as strategies and resources to help your child prepare for success. Calculator tips and tricks will also be shared.

December 2, 2021 @ 7:00pm-8:30pm

[Register Here](#)



English Language Arts

****NEW** LIVE SESSIONS**

Coaching Writers: How to Support Your Child's Writing Development without Doing the Assignment Yourself

We will discuss how parents can be most effective during the revision and editing process and practice strategies that don't include rewriting the assignment themselves. Parents will learn how to use graphic organizers and other strategies to support and motivate struggling writers. The workshop will conclude with ideas and resources for inviting writing outside of school, finding authentic audiences for children's writing, and improving grammar and vocabulary.

December 9, 2021 @ 7:00pm-8:00pm

[Register Here](#)

Encouraging Readers: Creating a Culture of Literacy at Home

This class will equip parents with an extensive toolkit to draw from to support their children's development as readers at home. Topics that will be covered include reading levels and selecting a "just right" book, encouraging reluctant readers, developing reading habits, strategies to use when helping struggling readers, carving out time for reading, how to talk to a child about a book you haven't read, and making reading a family tradition.

December 14, 2021 @ 7:00pm-8:00pm

[Register Here](#)



Science

****NEW** LIVE SESSIONS**

TBD

Social Studies

****NEW** LIVE SESSIONS**

Understanding Regents Level Social Studies (7-11)

Social Studies classes have changed what success looks like. Students no longer need to simply memorize facts and dates. Social Studies instruction now requires children to think analytically about the events of the past, make connections, and explain information in a more sophisticated way. These skills are requirements on the Global 10 and US History Regents exams. In this class, you will learn how Social Studies education has changed, and what skills your child will need to be successful.

October 26, 2021 @ 7:00pm-8:00pm

[Register Here](#)

Raising a Generation of Good Citizens (K-12)

Teaching our children what it means to be a good citizen is one of the most important parts of maintaining our democracy. Beginning at an early age, children need to understand how and why to be informed and involved members of society. In this class we will discuss how to promote positive behavior that will engage your child to be civic minded.

November 18, 2021 @ 7:00pm-8:00pm

[Register Here](#)

How to Help Your Child be Culturally Responsive (K-12)

We all want our children to feel welcome and accepted in school. Research shows us that children who see school as a safe place are more likely to be successful. Creating this type of school culture cannot be achieved without involvement from parents. In this class, we will discuss the importance of creating a culturally responsive school environment and how you, as parents, can support this goal.

December 2, 2021 @ 7:00pm-8:00pm

[Register Here](#)

Library Services

****NEW** LIVE SESSIONS**

Digital Literacy: How can I keep my child safe online? (K-12)

YouTube, TikTok, Minecraft, Oh My! Are the kids safe when they are using their school issued device? How about a personal phone or iPad? As new technology comes out, parents and caregivers aren't always sure if they should be allowing their children to download certain apps or search on different sites. This class will give tips and tools to evaluate some of the sites and apps kids want to use.

November 8, 2021 @ 7:00pm-8:00pm

[Register Here](#)

Media Literacy: How do I know if information is biased or inaccurate? (K-12)

Where can anyone go to find reliable resources online these days? We hear that information is biased or fake, so how can I tell? This class will give tips and tools for evaluating and finding information to be able to feel confident in your and your child's research on almost any topic.

November 22, 2021 @ 7:00pm-8:00pm

[Register Here](#)

Social Emotional

****NEW** LIVE SESSIONS**

Parent and Child Class: Gain Understanding and Cooperation Through the Power of Perception (K-12)

Learn how to open lines of positive communication during times of differing opinions and points of view. Please have your child with you for this program.

*There is a project involved in this program. Participants should be prepared with a sheet of construction paper, a small amount of white paint and a pencil.

December 15, 2021 @ 6:00pm-7:00pm

[Register Here](#)

Get Your Child's Attention and Cooperation with the Power of Praise (K-12)

Praise is a well-researched, specific strategy that supports positive student learning. During the uncertainty of the past year, children are often in doubt of their skills and abilities to reach their goals and live up to their potential. Praise can influence your child's perception of their intelligence and their future responses to challenges and failures. Understand the power of praise and the impact it has on your child's performance, self-worth, and overall self-concept.

- Understand the power of praise and the impact it has on student performance
 - Learn to praise effort to avoid praising ability
- Differentiate between non behavior specific praise and behavior specific praise
- Practice praising effort and behavior specific praise to prepare for future instruction
 - Create a passion for learning not a passion for approval

December 7, 2021 @ 7:00pm-8:30pm

[Register Here](#)

Parent Circles: How Do I Get My Child to Listen to Me? (K-12)

Parent Circles are informational and based on the needs of parents/caregivers and their children. The topics covered fall under the umbrella of positive limit setting for children and practical strategies to support children's ability and special educational needs to engage in acting in ways that will help them to reach the goals they value the most.

December 8, 2021 @ 7:00pm-8:30pm

[Register Here](#)

Developing Growth Mindset: Help Your Child Embrace Challenges, Grow from Failure, and Gain Confidence

Simple shifts in how we praise our children can boost confidence and academic achievement while teaching resiliency in the face of challenges. Explore how Carol Dweck's research on motivation can fundamentally change how you talk to your children, and as a result, change how they see themselves. This interactive workshop will engage parents in exploring their own mindsets and practicing strategies that will help their children develop growth mindsets and the ability to learn from setbacks.

November 3, 2021 @ 7:00pm-8:00pm

[Register Here](#)

Specialized

****NEW** LIVE SESSIONS**

Helping Your Child with ADHD Find Success in School (K-12)

Understanding your child's challenges will help you learn and apply new strategies to support your child's ability to remain focused and on-task.

December 1, 2021 @ 7:00pm-8:30pm

[Register Here](#)

Partnering with Teachers: Effectively Communicate with Your Child's Teachers to Help Your Child Thrive

Establishing open lines of respectful and honest communication with your child's teachers is essential to your child's success in school, yet many parents are at a loss on how best to do this. Participants will explore how much involvement is too much or too little, the best ways to approach teachers about difficult issues, and ways to help our children become their own advocates.

November 15, 2021 @ 7:00pm-8:00pm

[Register Here](#)

Homework without Tears: Help Your Child Develop Confidence, Organization, and Time Management Skills

Is homework a nightly battle? Ever wondered how best to support your child without helicopter parenting, micromanaging, or doing the work yourself? Learn easy to implement systems and routines that will put an end to the nightly homework battle while at the same time developing your child's confidence and independence. Common issues that will be addressed include heavy reliance on parental assistance, homework frustration and meltdowns, rushed and careless work, and homework avoidance and procrastination.

November 30, 2021 @ 7:00pm-8:00pm

[Register Here](#)

Math

Previously Recorded

Explaining the “New” Math for Parents (K-2)

This class will provide parents an understanding of ways math is now being taught to children in the early grades. Also, parents will learn why memorizing multiplication facts is no longer required. Learn why it is important for young children to learn this way, so that you can better support your student at home.

Explaining the “New” Math for Parents (3-5)

This class will show parents how the area model and number bonds are used to teach multiplication and division conceptually to children. Learn why learning this way better prepares your child for success in math during the later years.

Explaining the “New” Math for Parents: Fractions (3-5)

This class will show parents how students learn fractions and operations with fractions visually. Learn why it is important for young children to learn this way, so that parents can better support their children at home.

English Language Arts

Previously Recorded

How to Support Your Child with their Writing Assignments (3-8)

This class speaks with parents about ways to help their young writers. We will discuss different writing styles and how to help your student include important writing strategies.

How to Support Your Child with their Reading Assignments (3-8)

This class will guide parents to support their children's reading activities. Here you will learn easy tips and tricks to making your student successful during online learning.

Science

Previously Recorded

Balancing Chemical Equations Made Easy (6-12)

This class offers a basic understanding of how to balance a chemical equation. Parents will learn about what a chemical formula looks like, how to count the number of atoms in a chemical formula and how to successfully balance a simple chemical equation. Please come prepared with a pencil and a piece of paper as we practice this together.

How to Classify Objects Using Science (2-7)

This class explains a method of using science to help classify objects. Parents will learn how to use aspects of an object that can be seen with their eyes to create a formal scientific classification. Please come prepared with a pencil and a piece of paper as we practice this together.

How to Conduct Science Observations at Home (4-12)

This class teaches parents how to organize a structured scientific observation in their own home or yard. We will learn the basics of animal behavioral observation and how to assist children to learn to appreciate nature by observing it as young scientists and naturalists. Please come prepared with pencil and paper as we practice this together.

How to Create a Home Science Journal (4-12)

This class offers parents an understanding of science journaling. Writing scientifically is an important skill for children to have as they move to higher grades. It is important for science students to be able to observe and write about items in the world factually, in a scientific manner without opinion or emotion.

Understanding the Science Difference Between Fact and Opinion (4-8)

This class introduces parents to the science concepts of objective (fact) and subjective (opinion). In science, students are required to be able to tell the difference between facts and opinions as they move through experiments and observations. Parents will learn simple practice methods to help students understand this as it applies to the world around them.

Social Studies

Previously Recorded

Virtual Field Trips (3-8)

This class will give parents the opportunity to explore the world through virtual field trips. These fun "field trips" can be done from home at any time to teach students about the world in a fun and engaging way.

Build a Time Capsule with Your Child (3-8)

This class will walk parents through the steps to build a time capsule at home. This fun activity is a great way to teach your child that they are living history.

Social-Emotional

Previously Recorded

A Classroom in My Home (2-12)

This class speaks with parents about the social-emotional and mental health benefits of setting a routine for students at home. Also discussed will be the need to make a workplace or "home classroom" area that is used specifically for doing classwork. Join us as we learn what we can do to help reduce anxiety and increase focus of your students at home.

Helping Kids Find Success Through Positive Self-Talk (K-12)

Let's turn your child's "I Can't" into "I CAN!" with easy-to-use strategies to promote positive thinking.

Helping Kids Develop a Growth Mindset (K-12)

"Smart is not something you are. Smart is something you get." What is a growth mindset and how can you help your children develop a growth mindset? Learn how having a growth mindset can help your children succeed in school and in life.

Supporting Your Child's Social Emotional Needs (K-12)

As school schedules and learning changes, many students are experiencing high levels of stress and anxiety. Parents and guardians attending this session will discover how to support our learners' mental health at home throughout these turbulent times.

Specialized

Previously Recorded

Help Children with ADHD Do Classwork at Home (K-12)

Understanding your child's challenges will help you learn and apply new strategies to support your child's ability to remain focused and on-task.

Other Classes

Previously Recorded

Helping Kids Use Productive Struggle to Find Success (K-12)

What is productive struggle and why is it so incredibly important for learning? Learn how productive struggle can lead your child to deeper learning and how to embrace the power of productive struggle in all subject areas.

Parent and Child Class: Understanding and Cooperation Through the Power of Perception (K-12)

Learn how to open lines of positive communication during times of differing opinions and points of view. Please have your child with you for this program. *There is a project involved in this program. Participants should be prepared with a sheet of construction paper, a small amount of white paint and a pencil.

Promoting Health and Physical Education at Home (K-12)



As students become more independent, we need to support them in making their own healthy decisions during the school year and beyond. During this session, parents and guardians attending will learn a variety of family friendly games, activities, skills, and exercises to practice along with their child at home or outside.

Parent Assessment Data (P.A.D.) Report (K-8)

This virtual or in-person class will be interactive and taught live by Nassau BOCES Specialists. This class speaks with parents about how to analyze and understand their child's progress in Math and ELA through the online interim assessments conducted throughout the school year. Specific trainings are available for NWEA, Renaissance STAR, and i-Ready only. All classes will include time for the instructor to respond to questions from the participants. The content of this course will be limited to interpreting parent data reports and will not address strategies for student academic improvement. Parents: Please contact your school administrator for Zoom details. The training date is determined by your district administration and Nassau BOCES training staff.

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November 2021

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